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(57) Abstract :

The present innovation relates to the €œAnti-depression Natural Inhaler€ • prepared by the volatile essential oil of the flower of Rose (Rosa damascene) and flower buds of Clove (Syzygium aromaticum) for Anti-depressant, Anti-stress, and Antioxidant activity. Aroma volatile compounds of Rose flower oil and volatile compounds of Clove flower bud oil are chiefly responsible compounds to make balance of emotions, breathing, memory, stress, and hormone balance. In this way, essential oils can have a slight, yet holistic effect on the body. In the proposed study, focus was on possibility of combination of rose oil and clove flower bud oil as a inhaler for getting action of anti-depressant, anti-stress and anti-anxiety property by balancing hormones.

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