

क्रमसंख्या : JVR-I/17/10058  
Enrollment No.



क्रमांक : R/2023/1009  
Security No.

# ज्योति विद्यापीठ महिला विश्वविद्यालय जयपुर, राजस्थान, भारत

(२००८ का अधिनियम संख्या १७ के तहत राजस्थान सरकार द्वारा स्थापित)  
राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद प्रमाणित विश्वविद्यालय

हम प्रबंधक बोर्ड के सदस्य इस बात की पुष्टि करते हैं कि

**एन महेश कुमार**

को वर्ष २०२३ में अंतिम वर्ष की परीक्षा उत्तीर्ण करने पर

**डॉक्टर ऑफ फिलॉसफी**

की उपाधि प्रदान की जाती है।

## Jayoti Vidyapeeth Women's University Jaipur, Rajasthan, India

(Established by the Government of Rajasthan under Act No. 17 of 2008)  
NAAC Accredited University

*We, The Members of The Board of Management  
Hereby Confirm That The Degree*

*of  
Doctor of Philosophy*

*Has Been Conferred Upon  
N. Mahesh Kumar*

*On Having Passed The  
Final Year Examinations In The Year 2023*

Dated : March 28, 2023



*Mithlesh Garg*

Chairperson  
(JV'n Mrs. Mithlesh Garg)





# Jayoti Vidyapeeth Women's University

## *Specialization of Degree*

*This is to certify that  
N. Mahesh Kumar  
has completed the degree of  
Doctor of Philosophy  
with specialization in  
Commerce*

*after approval of the thesis on the title*

*"Academic Stress among Students: Spirituality as a Tool to Manage Stress".*

Verified by & Issued by

Registrar  
(JV'n Dr. Hema Bafila)

### **Note :**

1. As per 'The Rajasthan Private Universities' Laws (Amendment) Act, 2010' (Act No. 15 of 2010), "The existing expressions "Chancellor", "Vice-Chancellor", and "Pro-Vice-Chancellor", whenever occurring, the expressions "Chairperson", "President and "Pro-President" respectively shall be substituted"
2. The University Awards degree(s) nomenclature specified under section 22(3) of the UGC Act 1956 to Female candidates enrolled in Regular Programmes & to both Male and Female candidates enrolled in Distance Education Programmes and Research Programmes of the University.
3. Please check the genuineness of the Degree/Diploma/Certificates through to National Academic Depository (NAD) [www.ndml.in](http://www.ndml.in), an initiative of Ministry of Human Resource Development, Government of India.
4. The Genuineness of Degree/Diploma/Certificates may be checked through University website- [www.jvwu.ac.in](http://www.jvwu.ac.in) by entering the Security Code No. at "**Upadhi Darpan**".