

Jayoti Vidyapeeth Women's University, Jaipur

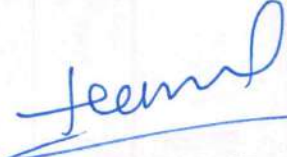
BOARD OF STUDIES

Members of Board of Studies in Ayurveda, Naturopathy & Yoga Science

The Board of Studies, Ayurveda, Naturopathy & Yoga Science shall consist of the following members :

S. No.	Name of Member	Designation (Board of Studies)
1.	Dr. Shikha Sharma	Convener, Board of Studies
2.	Dr. Shambhudayal Sharma (Prof.) Dean, Shri Krishna Ayurveda College, Kurukshetra, Haryana	Co-Opted By BOS External Member
3.	Dr. Surendra Soni (Prof.) Dean, Akhandanand Ayurveda College, Ahmedabaad	Co-Opted By BOS External Member
4.	Dr. Komal Rathore	Member (Subject Coordinator- Kaumarbhritya)
5.	Dr. Narendra Garg	Member (Subject Coordinator- Kayachikitsa)
6.	Dr. Parmanand Upadhyay	Member (Subject Coordinator- Panchkarma)
7.	Dr. Pashupati Nath Sharma	Member (Subject Coordinator- Rachana Sharir)
8.	Dr. Riva Gupta	Member (Subject Coordinator- Kriya Sharir)
9.	Dr. Swati K.S.	Member (Subject Coordinator- Rasa Shastra)
10.	Dr. Hemant Kumar	Member (Subject Coordinator- Dravyaguna)
11.	Dr. Kamla R Nagar	Member (Subject Coordinator- Agad Tantra)
12.	Dr. Suresh Kumar Jat	Member (Subject Coordinator- Rog Nidan)
13.	Dr. Vijay Ram Chandani	Member (Subject Coordinator- Swasthavritta & Yoga)
14.	Dr. Pallavi Prashant Waman	Member (Subject Coordinator- Prasuti Tantra and Stri Roga)
15.	Dr. Narendra Singh Shekhawat	Member (Subject Coordinator- Shalya)
16.	Dr. Sheenam	Member (Subject Coordinator- Shalakya Trantra)
17.	Dr. Dwarkaprasaad Sharma Research Head Jhandu pharmaceuticals	Industry Person, Jhandu pharmaceuticals
18.	Dr. Pawan Sharma Research Head Dabur Pharmaceuticals.	Industry Person, Head Dabur Pharmaceuticals.
19.	Ms. Kavita Sharma	Member (Subject Coordinator- Samhita & Siddhanta)
20.	Ms. Anushka Tyagi	Coordinator, Board of Studies

Date: June 30, 2022


JV'n Dr. Hema Bafila
Registrar

REGISTRAR
Jayoti Vidyapeeth Women's University,
Jaipur

JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR

Board of Studies in Ayurveda, Naturopathy & Yoga Science

Agenda of the Board of Studies Meeting of Ayurveda, Naturopathy & Yoga Science scheduled to be held on 13/7/2022 via Virtual mode on Google meet from 11.00 am – 12.05 noon.

Agenda 1. To review and approve the Syllabus of BAMS course as per the NCISM norms.

Agenda2. To Consider and approve the new elevation scheme as per NCISM Norms.

Ageda 3. Adoption of guidelines for smooth transition to the new curriculum.

Ageda 3. To Implement Value Added Courses along with the new Syllabus of BAMS.

Agenda 4. To discuss Research and Publication Ethics for strengthening research culture at UG level in view of vision and mission of the University.



**JV'n Dr. Hema Bafila
(Registrar)**

Date: June 30, 2022

JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR

BOARD OF STUIDES

Members of Board of Studies in Ayurveda, Naturopathy & Yoga Science

Board of Studies Meeting of Ayurveda, Naturopathy & Yoga Science was held on 13/7/2022 via Virtual mode on Google meet from 11.00 am – 12.05 noon in presence of the following members:

S.No.	Name of Member	Designation (Board of Studies)
1.	Dr. Shikha Sharma	Convener, Board of Studies
2.	Dr. Shambhudayal Sharma (Prof.) Dean Shri Krishna Ayurveda College Kurukshetra Haryana	Co-Opted By BOS External Member
3.	Dr. Surendra Soni (Prof.) Dean Akhandanand Ayurveda College Ahemdabaad	Co-Opted By BOS External Member
4.	Dr. Komal Rathore	Member (Subject Coordinator- Kaumarbhritya)
5.	Dr. Narendra Garg	Member (Subject Coordinator- Kayachikitsa)
6.	Dr. Parmanand Upadhyay	Member (Subject Coordinator- Panchkarma)
7.	Dr. Pashupati Nath Sharma	Member (Subject Coordinator- Rachana Sharir)
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16.	Dr. Sheenam	Member (Subject Coordinator- Shalakya Trantra)
17.	Dr. Pawan Sharma Research Head Dabur Pharmaceuticals.	Industry Person, Head Dabur Pharmaceuticals.
18.	Ms. Kavita Sharma	Member (Subject Coordinator- Samhita & Siddhanta)
19.	Ms. Anushka Tyagi	Coordinator, Board of Studies

Dr. Dwarkaprasaad Sharma Research Head Jhandu pharmaceuticals, Industry Person, Jhandu pharmaceuticals was absent in the meeting. Leave was granted to him

The Convener Board of Studies Dr Shikha Sharma welcomed all the members and attendees to the meeting. The objective of the meeting was stated as the discussion and approval of the new **BAMS syllabus and evaluation scheme** mandated by National Commission for Indian System of Medicine (NCISM).

Agenda 1. To review and approve the Syllabus of BAMS course as per the NCISM norms.

A detailed presentation was made by Dr. Shikha Sharma on the revised curriculum structure, including the changes introduced by NCISM.

The key changes were:

- Modification of subject credits and semester distribution.
- Emphasis on clinical exposure from the early phase of the course including Case Based Activities/ Field Activities
- Integration of modern diagnostic tools along with traditional Ayurvedic practices.
- Inclusion of new electives and practical training modules.
- Enhanced focus on Yoga and Naturopathy along with the core Ayurvedic subjects.

BOS members discussed the syllabus prescribed by NCISM. It was decided that first year BAMS new syllabus will be applicable to the Batch 2021-22. The first term of BAMS Batch 2021-22 will be commenced from November 1, 2022.

Schemes and syllabus were placed before BOS. Members discussed implementing value added courses and mission courses along with new syllabus. Faculty members will undergo training workshops to align with the new teaching methodologies and evaluation practices.

It was unanimously approved by all the members

Agenda 2. To Consider and approve the new evaluation scheme as per NCISM Norms.

The members discussed the **new examination and evaluation guidelines**, which focus on following points:

- Introduction of **Theory, practical and viva-based assessments** by inculcating Multiple Choice Questions (MCQ), Short answer questions (SAQ) and Long answer questions (LAQ)
- Internal assessments to be conducted **continuously** throughout the Year.
- Grading pattern revised to a **Credit-Based System** with more weightage on practical skills.
- Minimum **attendance requirement** raised to 75% per subject for eligibility to appear in exams.

- Distribution of Practical Exam

Practical 100 Marks – (Viva 75 + Elective 10 (Set-FC) + IA 15) Marks

- Distribution of Theory Exam

Multiple Choice Questions (MCQ)

Number of Questions 20 Marks/Question 1 Total marks – 20

Q 2 Short answer questions (SAQ)

Number of Questions 08 Marks/Question 5 Total marks – 40

Q 3 Long answer questions (LAQ)

Number of Questions 04 Marks/Question 10 Total marks – 40

It was resolved to approve the same.

Agenda 3. Adoption of guidelines for smooth transition to the new curriculum.

Approval and Adoption of the New Scheme:

After thorough discussion, the Board of Studies **unanimously approved** the adoption of the new BAMS syllabus and evaluation scheme as prescribed by NCISM. The Convener instructed the academic departments to begin preparations for its **smooth implementation from the 2021-22 session.**

Agenda 3. To Implement Value Added Courses along with the new Syllabus of BAMS.

The BOS Members discussed and emphasized the need for value-added courses to provide students with a broader perspective on societal issues, ethics, and self-development. It is decided to implement following University Mission Courses and University Compulsory courses UCC (Value Added) as follows:

Courses for BAMS I Professional Year:

1. Gaw Gyan Science:

- Introduces students to the importance of traditional knowledge systems, including the role of cows in sustainable agriculture and healthcare.
- Helps students understand ancient Ayurvedic practices and environmental consciousness.

2. Women Rights and Law:

- Focuses on legal literacy and gender sensitivity to equip students with awareness of women's rights, health policies, and workplace laws.
- Aligns with the larger mission of creating socially responsible healthcare professionals.

A) Courses for BAMS II Professional Year:

Self-Defence:

- Aims to equip students, particularly female students, with basic self-defence techniques to ensure personal safety and build confidence.

- Practical sessions will be conducted by certified trainers, and workshops will include both physical training and safety awareness modules.

Military Science:

- Introduces students to military discipline, teamwork, leadership skills, and physical fitness.
- Students will participate in outdoor activities, leadership exercises, and discussions on national security and emergency response strategies.
- This course seeks to instil discipline, patriotism, and resilience in students, contributing to both personal development and societal service.

B) Courses for BAMS III Professional Year:

Help Aid:

- The course will focus on basic first-aid techniques and emergency medical response skills. Students will receive hands-on training on managing injuries, burns, cardiac emergencies, and trauma situations.

C) Courses for BAMS IV Professional Year:

Gender Sensitization:

- The course aims to foster awareness of gender equality and inclusivity in healthcare and society. It will cover concepts of gender roles, biases, and stereotypes, along with case studies on discrimination in healthcare settings.
- The course will include interactive discussions, workshops, and awareness campaigns, encouraging students to adopt gender-sensitive practices in their professional roles.

University Mission Courses (UMC) – Applicable in All Years:

1. Yoga & Meditation:

- Aims to integrate **mind-body practices** into the students' routine to enhance mental well-being and professional competence.
- Practical sessions will be conducted regularly with **attendance** mandatory for all batches.

2. My Behaviour and Ethics:

- Encourages students to reflect on their personal conduct and professional ethics.
- Regular workshops and self-assessment exercises will be part of the course.

3. Community Development Activities:

- Promotes students' involvement in **outreach programs** like health camps, awareness drives, and rural community services.
- An Appreciation certificate will be awarded upon successful completion of prescribed hours.

Members approved the agenda unanimously.

Agenda 4. To discuss Research and Publication Ethics for strengthening research culture at UG level in view of vision and mission of the University.

The BOS Members acknowledged the lack of structured research activities at the UG level. It was emphasized that early exposure to research methodologies would help students develop critical thinking, analytical skills, and an academic mindset.

The importance of interdisciplinary research integrating Ayurveda with modern medical sciences was discussed to encourage innovation.

Members proposed the inclusion of mini-research projects starting from BAMS III Professional Year. Students will be encouraged to participate in research seminars, poster, and Paper presentations, and attend National/International conferences to enhance research communication skills.

It was decided to coordinate with the Institutional Ethics Committee (IEC) to ensure that students understand the importance of ethical approvals, especially for clinical studies in Ayurveda.

It was unanimously approved by all members.

The Convener thanked all members for their participation and constructive discussions. The meeting concluded with a consensus on the way forward for the implementation of the revised syllabus.

The meeting ended at with vote of thanks with an agreement to implement the new BAMS syllabus and evaluation scheme starting from the 2021-22 academic session, following the guidelines issued by NCISM, Ministry of AYUSH.

Signature :



Prepared By: Coordinator , Ms. Anushka Tyagi



Signature:

Verified By : Registrar, JV'n Dr. Hema Bafila

Copy To:

- Hon'ble Chairperson office
- Hon'ble Advisor Sir office
- President office
- Convener, Board of Studies
- Guard File