# JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR

## **Best Practice**

# **Resolution Implementation Plan**

# "Nation Building & Community Development Program (NBCD) Certificate"

# **Certificate Mantra**

To deliver Disciplined, Non Addicted, Human Interactive & Skilled Women Power to the Nation.

### University Mission Course (UMC)

#### **⋄** Community Development Activity:

- ☼ Human Interaction (Face to face activities)
- ☼ Digital Interaction (Machine to Machine Activities)

#### ॐ Self Defense:

- Self Defense techniques
- Basic karate
- Other life saving skills

### ॐ Help Aid:

- Principles, procedures and skills in dealing with disastrous situations.

#### **ॐ Yoga & Meditation:**

- Aasan for stree free and healthy living
- Aasan for Memory enhancing
- Aasan for Immunity boosting
- ☼ Meditation for Concentration enhancement

#### **ॐ** Gender Sensitization:

ॐ Awareness about gender issues and gender justice

#### **ॐ My Behavior & Ethics:**

- ☼ Waking up early morning.
- Engaged in Yoga,
- Meditation and Gym
- ☼ Greet with Namaste or by saying Good Morning /Afternoon etc.
- ☼ Being punctual
- ☼ "National Anthem" in the beginning of first Lecture and "Vande Mataram" in the last lecture of each academic day.
- Being polite, honest respectful and courteous towards others
- Practice University Mantra- Green, Clean Happiness

- Maintain Peaceful Environment of the University
- Use & Care of University Facilities or Services in appropriate manner,
- Recognizing the diversity of the University and not discriminating against others on the basis of their age, ethnic origin, race, nationality etc.
- ☼ Food and beverages consumed as per diet and maintain cleanliness of the areas designated for consuming food.
- ☼ Dress decently in and outside the campus.
- \* Maximum use of library resources and keep in proper condition.
- Abide all the rules regularize by the University
- Respect dignity and reputation of the University either on or off Campus premises.
- ☼ Contribution towards Society by donating books, old clothes, social work etc.

#### **ॐ Women Rights & Law:**

- Constitutional Safeguards for Women, Right to Equality
- Right of Private Defense

### University Compulsory course (UCC):

#### **Extra Curricular Activity (Sports, Dance, and Cultural Etc):**

- Maintain their hobbies
- ☼ Practice under trainers if students wish to make their career in the field

#### **The Environmental Science & Disaster Management:**

- Aware about environmental science
- Train all the students about disaster management
- Regressive training to selected students to prepare "Aapda Rakshak" for every hostel floor, class and bus.

#### **ॐ** Cyber Security:

- ☼ Protect against cyber attack & unauthorized access
- ☼ Spot cyber attacks and respond to cyber emergencies.

# **ॐ** Languages (English/ Hindi/ Sanskrit/ French):

- Enable to study international literature & explore research
- ☼ Communicate with new people in various dialects

#### **⋄** Computer Fundamentals:

Basic computer & IT Literacy

#### Research Activities (Paper Writing, Publication & Presentation, Patent etc):

- Enhance research & analytical thinking
- Participation in research activities (workshop, conferences, seminar, paper writing, paper publication, patent and startup)