



“बेटी बचाओ, बेटी पढ़ाओ”

JAYOTI VIDYAPEETH WOMEN'S UNIVERSITY, JAIPUR
FACULTY OF HOMOEOPATHIC SCIENCE

Faculty Name	: JV'n Dr. Lekhika Singh Teaching Methodology of BPH Theraps
Program	: BHMS 3 rd Year
Course	: Surgery
Session	: BPH Theraps

Academic Day starts with –

- Greeting with saying ‘**Namaste**’ by joining Hands together following by 2-3 Minutes Happy session, Celebrating birthday of any student of respective class and **National Anthem**

Lecture Starts with-

Topic to be discussed today- Today we will discuss about **BPH Theraps**.
We will discuss management.

Homeopathic medicines for benign prostate hyperplasia (BPH)

Sabal Serrulata – One of the top grade Homeopathic medicines for benign prostate hyperplasia

Sabal Serrulata is one of the top grade Homeopathic medicines for benign prostate hyperplasia (BHP). There are many symptoms that guide use of Sabal Serrulata. The first among them is difficulty and pain once you start urinating. The person also experiences a frequent desire to pass urine at night. Dribbling

urine is another problem. Aching pain in prostate that extends to abdomen is another symptom indication for prescription of Sabal Serrulata. Retention of urine from prostate enlargement can also be treated well with Homeopathic medicine Sabal Serrulata. It is also the treatment for emission of prostatic fluid during stool or urination. Last but not the least, Homeopathic medicine Sabal Serrulata effectively treats the complaint of erectile dysfunction from enlarged prostate.

Conium Maculatum – Excellent Homeopathic medicine for interrupted urine flow in BPH

Conium Maculatum is another extremely effective Homeopathic medicine for benign prostate hyperplasia. A major indication for use of Conium Maculatum is interrupted urine flow from enlarged prostate. Here the urine starts and stops several times before complete voiding. After passing urine, burning pain may be felt in the urethra.

Cantharis Vesicatoria and Sarsaparilla Officinalis – Homeopathic medicines for burning pain while passing urine in BPH

Cantharis Vesicatoria and Sarsaparilla Officinalis are top rated Homeopathic medicines for burning pain while passing urine in BPH. Cantharis Vesicatoria is prescribed if the burning in urethra is felt before, during or after passing urine. There is also a constant desire to pass urine in such cases. In some cases, the scalding sensation is extreme, with passing of urine in drops. Homeopathic medicine Sarsaparilla Officinalis is taken when there is severe burning pain at the conclusion of urination.

Lycopodium Clavatum – Wonderful Homeopathic medicine for frequent urination at night from benign prostate hyperplasia

For frequent urination at night from benign prostate hyperplasia, Homeopathic medicine Lycopodium Clavatum works wonders. Besides frequent urination at

night due to enlarged prostate, another guiding feature for use of *Lycopodium Clavatum* is the need to wait to start urinating. In short, a person who needs *Lycopodium Clavatum* passes scanty urine during the daytime and suffers profuse urination at night.

Baryta Carb – One of the most useful Homeopathic medicines for dribbling urine due to BPH

Homeopathic medicine *Baryta Carb* is known to effectively treat the problem of dribbling after urination in benign prostate hyperplasia cases. Another indication for using *Baryta Carb* in BPH is sudden urge to urinate, with the inability to retain urine. The urine may be scanty. Burning while passing urine may also be observed.

Clematis Erecta and Chimaphila Umbellata – Valuable Homeopathic medicines for BPH with difficulty in initiating urine

Homeopathic medicines *Clematis Erecta* and *Chimaphila Umbellata* are very helpful in treating benign prostate hyperplasia. *Clematis Erecta* is indicated when there is difficulty in starting to urinate due to prostate enlargement. The person needs to strain hard before urine starts to flow. Intense burning may arise while passing the last drops of urine. Dribbling after urination may also be present in some cases. Homeopathic medicine *Chimaphila Umbellata* is just as helpful where a person needs to strain hard to start passing urine. Urine is scanty and may also be offensive. Burning or scalding while passing urine may also be present. In extreme cases, the urine is passed with a lot of strain, with the body inclined forwards.

Thuja Occidentalis – Well recognized Homeopathic remedy for urgency to urinate in benign prostate hyperplasia

In case of marked urgency to urinate in benign prostate hyperplasia, *Thuja Occidentalis* is the most appropriate Homeopathic prescription. The urine

stream is small. Frequent urge to pass urine may be present. Burning or cutting pain while urinating may be observed. Thuja Occidentalis also effectively treats involuntary urination at night.

Agnus Castus – Valuable Homeopathic medicine for sexual complaints in benign prostate hyperplasia

Agnus Castus is a very well indicated Homeopathic medicine for treating sexual complaints in men from benign prostate hyperplasia. Agnus Castus can treat weak erections or complete loss of erections from prostate enlargement. Loss of sex drive in men who suffer BPH can also be treated well with Agnus Castus.

lifestyle changes can be adopted to manage benign prostate hyperplasia

Reducing daily fluid intake, avoiding alcohol and caffeine, limiting intake of fluids towards the evening and trying to void urine whenever the urge arises are some basic lifestyle patters to adopt to be able to live more comfortably inspite of this condition. Going to void urine every time the need arises is a call that must never be ignored.

LIBRARY REFERENCES

From: M. L. Tyler Homoeopathic Library

1. Manipal Manual of Surgery- Third Edition. Author- K. Rajgopal Shenoy
2. Undergraduate Surgery – Third Edition. Author- A K Nan

Correlation with Ancient Literature- in progress

Review of Literature- [in Process](#)

Next Topic- Hydrocele

Academic day ends with: National song “Vande Mataram”